



HAYES IS FOR HORSES.COM®

# Natural Horsemanship Finds A Home on Long Island

By Tim Hayes

I began learning the practice of Natural Horsemanship in 1995. I was fortunate to study with some of the greatest teachers of our time. From 1997 to 2001 I worked as an instructor at New York City's Chelsea Equestrian Center teaching Natural Horsemanship 3 days a week. During this period I also worked at Deep Hollow Ranch in Montauk Long Island, leading trail rides and giving private instruction in Natural Horsemanship. In 1997 teaching in New York City and on Long Island had one major thing in common; no one had any idea what Natural Horsemanship was or had ever heard of it.

Today that has all changed. Not only has Natural Horsemanship grown globally, it has also found a home right here on Long Island. The vast majority of the Long Island horse world has heard of it and many local horse owners are learning its methods, philosophy and techniques.

In 1998 I was privileged to study with Pat Parelli at his ranch in Pagosa Springs, Colorado. My friend and one of my classmates at the ranch was Dr. Grady Carter of Fort Worth Texas. Grady became a Parelli instructor and now periodically comes to Jamesport Long Island to conduct Natural Horsemanship Clinics. "Talkin'

Horses" Eileen Shanahan's a monthly column in this publication, which promotes Natural Horsemanship, recently listed some of today's growing number of teachers also working on Long Island including Tony Simonetti, Sonny Garguilo and Elaine Cardillo.

These are all truly a wonderful developments. As with any subject or discipline all these Natural Horsemanship teachers offer their own unique style, but no matter who one studies with both human and horse benefit greatly.

### NATURAL FOR THE HORSE

Natural Horsemanship simply means what is natural for the horse. Training is conducted from the horses' point of view. Communication between horse and human is established with body language, touch and feel and begins on the ground, which is natural, and therefore more easily understood by the horse. This is referred to as "Groundwork" and allows the rider to establish leadership the same way a horse would with another horse. When a rider begins by establishing his leadership on the ground, he and his horse are safer and move on to ride together with greater harmony. Force, intimidation, mechanical control and pain are replaced with communication kindness, understanding, patience and compassion.

Natural Horsemanship was the only method of horse training I was ever taught. It is the only method I teach. I love sharing this knowledge with others and most of all I love knowing that I am able to help horses and humans have better relationships by improving the domestic life of the horse. I'm truly glad and grateful to know that today there are others who feel the same way and are also helping to make a difference in the life of the horse. I hope one day in the future what we teach won't be referred to as Natural Horsemanship but just Horsemanship...a natural relationship between a horse and human. ©Tim Hayes 2009

FOR INFORMATION ABOUT CLINICS, CLASSES  
AND PRIVATE SESSIONS CONTACT

TIM AT 631-329-5840 or HYPERLINK:  
mailto:tim@hayesisforhorses.com; tim@hayesisforhorses.com

TO LEARN MORE ABOUT NATURAL HORSEMANSHIP VISIT: HYPERLINK <http://www.hayesisforhorses.com>  
[www.hayesisforhorses.com](http://www.hayesisforhorses.com)

Tim and Pat Parelli, 1998; Pagosa Springs, Colorado

